

# Advocacy



**Our advocacy service is  
Free, Confidential and Independent.**

## **Advocacy can support you**

- To have a strong voice
- Make an important decision
- Facing issues you need help with.

## **Advocacy is:**

- ✓ **Making sure your voice is heard**
- ✓ **Helping you have more choice**
- ✓ **Speaking out on your behalf**



## **Advocacy is not:**

- × **Crisis support**
- × **Counselling**
- × **Befriending**
- × **Giving advice**



# York Advocacy Hub delivers a range of advocacy services

- **NHS Complaints Advocacy**
- **General Advocacy**
- **Care Act Advocacy**
- **Independent Mental Capacity Act Advocacy (IMCA)**
- **Independent Mental Health Act Advocacy (IMHA)**



## Get in touch...

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Please contact us for more information or if you would like to make a referral.



**If you need this information in a different format please contact us**